PAIN SCALES FOR ASSESSING PAIN INTENSITY

Use copies of pain scales that are large enough for older patients to see comfortably (14-point font or larger).

**Faces Pain Scale**

Place an X under the face that best represents the severity or intensity of your pain right now.

![Faces Pain Scale](image)


**0–10 Numeric Rating Scales**

*Verbal:*

On a scale of 0–10, with 0 being no pain and 10 being the most intense pain imaginable, what would you rate the severity or intensity of your pain right now?_____  


*Visual:*

Circle the number that best represents the severity of intensity of your pain right now.

![0-10 Numeric Rating Scale](image)

**Verbal Descriptor Scale**

Place an X beside the words that best describe the severity or intensity of your pain right now. Mark one set of words.

—The Most Intense Pain Imaginable

—Very Severe Pain

—Severe Pain

—Moderate Pain

—Mild Pain

—Slight Pain

—No Pain


**Reference**